

Windows on the World – some additions from China

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I was recently in Shanghai running some advanced TA workshops for a group who comprised organisational consultants, coaches, psychotherapists, managers and entrepreneurs.

I presented my material on Windows on the World, including the additions I have made to life positions that were stimulated by Tony White (1994) in Australia (see Hay 2012).

The participants, who are named below, split into groups to discuss how this material might relate within the Chinese culture. They came back with some very interesting ideas for some additional windows. Below is the updated version of my diagram, taking these into account:

- A closed window reflects how someone with autism may not actually be perceiving whether they or others are okay or not.

- A window that contains -, --; with one not okay for me and two not okays for you - as in the attitude that I am not okay but I feel better because you are more not okay than I am!
- A window with double question marks - for those who believe that neither they nor anyone else has any significance in the world.

References

Hay, J (2012), *Donkey Bridges for Developmental TA* 2nd edit Hertford: Sherwood Publishing

White, Tony (1994) Life Positions *Transactional Analysis Journal* 24 (4) October 269-276

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-?	--	--	+-	+?		